

## **WELCOME TO THE 3rd-4th GRADE GIRLS LEAGUE**

T&C will continue with Spurs Basketball Program, parent must accept waiver at registration

The girls will use a smaller basketball youth size 5 27" or 27.5"

Players will shoot at 10 foot baskets.

TEAMS-selected by schools/buddy request  
Roster given to coaches **Wed. Nov 18<sup>th</sup>**.

As 4th graders this year you have two great T&C leagues to choose from to play in.

The 4th/5th grade girls league is a competitive league where teams are chosen through tryouts and a draft, games are played on a 10 foot basket with a 28.5" ball, scores are kept and most traditional basketball rules are followed. Players joining this league should have previous basketball experience and good skills (ability to dribble and shoot). This is the league for those players planning/hoping to play middle school basketball in a few years to learn more about competitive basketball.

The 3rd/4th grade girls league is another option and is good for 4th graders that need another year to develop their basketball skills or are just playing for fun but aren't competitive. Teams are formed by schools/buddy requests, games are played with a slightly smaller 27" basketball still on 10 foot baskets and rules are in place to make this more of a true recreation league.

GAMES start Saturday **Jan 9** & end February 27 at Grisham MS

We will play five 5-minute periods, all girls must play 2 full periods.  
exception(pre-approved by commissioner)for discipline or not at practices. No full court press will be allowed. Clock is stopped for violations during last minute of each period

PRACTICE begins after Thanksgiving at elementary schools or middle schools  
Time (one hour per week) and day will be chosen by coaches.

For a conflict of practice time talk to your commissioner before Nov 10th  
Children are not to be in any part of the building except gym.

NO YOUNGER OR OLDER BROTHERS, SISTERS OR FRIENDS are to be at  
any of the practices. no exceptions RRISD requirement

NO FOOD OR DRINKS AT PRACTICE OR GAMES. water only

ALL GIRLS WILL RECEIVE PARTICPATION AWARDS.

Coaches need a Team Parent and an Adult to keep score.

PARENTS: Coaches needed: If 10 girls from a school don't have a coach we will  
have to split them up among other schools that have space on their team

Lead Commissioner: need volunteer

Coaches Meeting: WED Nov 18 6:30 WESTWOOD includes meeting and coaches clinic.  
KSN certification part 1(if not certified)

Coaches clinic - Wed Nov 18 7:30 Westwood