

HIGH SCHOOL GIRLS BASKETBALL LEAGUE – 2008/2009
UP TO 6 TEAMS, 60 PLAYERS Fee \$110 please register by Nov 20th

1. This league is designed to provide High School girls the opportunity to play recreational basketball. We encourage the formation of teams composed of friends and classmates. Typically each girl can expect to play half of every game. Please provide as much information as possible on registration (valid email and home address, home- cell-work phone numbers, height, weight, previous experience, nights unavailable, carpool issues, friends to play with etc.) to help us all communicate and put the teams and practice schedules together. ON-LINE REGISTRATION begins on Sunday, October 20, 2008 at www.townandcountryoptimist.org

2. We may have a TRYOUT later this year to ensure league balance. This will be determined by the commissioner at a later date and all those involved will be notified. All players will be selected (according to core group or draft) or placed by coaches and commissioners according to skill level and/or geographic location. If a TRYOUT is announced players should wear prior year's team jerseys or other unique (family friendly) shirt for tryout identification. **COACHES WILL BE ALLOWED TO COMPOSE A CORE OF UP TO 5 FRIENDS AND/OR CLASSMATES PRIOR TO THE TRYOUT.** A draft or skills balancing will be used to select or place remaining players to fill out the eight to ten girl roster for each team. REQUEST your preferred coach and/or friends on your registration or to the Coach or Commissioner, and every effort will be made to accommodate.

3. SPORTSMANSHIP will be paramount! PARENTS FANS AND PLAYERS will be required to abide by the League's Code of Conduct. We will not tolerate profanity, rude gestures, arguments or any form of fighting, shoving, etc. Referees are to be treated with respect. Failure to abide by these standards will result in suspension of the privilege to participate. Legitimate (non-hostile) complaints and suggestions can be made to the Commissioner. If you are the type of person who cannot accept an official's call or can't stand to lose a game, by all means go to law school but do NOT join us for basketball. The Commissioner has the right to take a player out of a game EVEN IF the coach or official does not do so!

4. PRACTICE locations will be assigned to each team and will be primarily Canyon Vista , McNeil, or Grisham, from 8:20 – 9:30 P.M., one day per week. NO MINORS (Brothers, Sisters, Relatives or Friends) are to be at any of the practices. All players, parents and coaches are to leave immediately after the practice is over. One additional weekly practice may be scheduled and arranged by the coach at an off site location.

5. GAMES will begin on January 10th and the playoffs will be in the last week of February. Game times are generally Saturday afternoons.

6. Coaches Meeting for the team selection will be Sunday, November 23rd 7:00pm at the T&C Clubhouse. Players will be notified of their team selection a day or two after the meeting.

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